

FLORIDA PALMS ACADEMY

PROGRAM OVERVIEW

PURPOSE

Florida Palms Academy is an inpatient, psychiatric treatment program for children ages 6-14 designed to stabilize the presenting symptoms in a safe and secure environment. Our goal is to return children to a less restrictive environment to continue their progress through intensive in-home services with their families. The estimated length of stay is 4-6 months; however, this may vary based on the specific needs of the children. This is not a long term treatment program.

TREATMENT PLANNING

Two weeks after your child's admission, you will receive an individualized treatment plan tailored to meet his/her unique needs based on the therapist's assessment. The treatment plan is reviewed on a monthly basis in person or via phone conference with the treatment team members. Your participation in these monthly meetings is required.

MENTAL HEALTH SERVICES

Florida Palms Academy provides clinical services, including weekly individual and group therapy sessions, a psychiatric evaluation, weekly medication assessment and management, and crisis intervention, as needed. Family therapy is the cornerstone of treatment and is a requirement of the program. The goal of family therapy is to target issues specific within the family and assist with the integration of your child back into the home upon discharge. Sessions will be scheduled weekly with your child's therapist.

MEDICAL SERVICES

Florida Palms Academy has Registered Nurses and Licensed Practical Nurses to ensure that the physician's orders are being followed, medications are distributed appropriately, and non-emergency illnesses and first aid are administered, as needed.

EDUCATION

We operate an on-campus school for children in grades K through 8. The school curriculum is taught by teachers certified by the Florida Department of Education. We follow the Broward County School Board's schedule, including a 4-week session during the summer.

PHONE CALLS/VISITATION

Phone calls and visits are permitted only after the first two weeks of admission. Your child is permitted to make outgoing calls twice a week. Visits are to be prearranged with your child's therapist.

FAMILY REUNIFICATION & DISCHARGE PLANNING

Discharge planning is an ongoing process that begins at admission. The therapist will work with your family on setting realistic goals and developing an aftercare plan for applying the techniques and skills addressed in therapy. Therapeutic passes are a mandatory component of the program, which typically begins after the first two months of treatment. The frequency of the passes will be determined by the treatment team.

I have reviewed and understand the above program overview and requirements.

Parent/Guardian's Signature

Date

Admissions /UM Coordinator

Date